



The Sexual Health Inventory for Men (SHIM)

1. How do you rate your confidence that you could get and keep an erection?

Very Low 1	Low 2	Moderate 3	High 4	Very High 5
---------------	----------	---------------	-----------	----------------

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?

Almost never or never 1	A few times 2	Sometimes 3	Most times 4	Almost always 5
----------------------------	------------------	----------------	-----------------	--------------------

3. During sexual intercourse, how often were you able to maintain your erection after you penetrated (entered) your partner?

Almost never or never 1	A few times 2	Sometimes 3	Most times 4	Almost always 5
----------------------------	------------------	----------------	-----------------	--------------------

4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

Extremely difficult 1	Very difficult 2	Difficult 3	Slightly difficult 4	Not difficult 5
--------------------------	---------------------	----------------	-------------------------	--------------------

5. When you attempted sexual intercourse, how often was it satisfactory for you?

Almost never or never 1	A few times 2	Sometimes 3	Most times 4	Almost always 5
----------------------------	------------------	----------------	-----------------	--------------------

SHIM Scoring

Severe ED	1 - 7 points
Moderate ED	8 - 11
Mild to Moderate ED	12 - 16
Mild ED	17 - 21
No Signs of ED	22 - 25

SHIM Score: _____